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"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

October 5, 2005

"Now More Than Ever"

Attendance: 30

Guests: Del Block (Duane Kurrelmeyer)

Birthdays: Paul Anderson Jr. 10/5

Anniversaries: Sr. Charmaine LeMaire – 1997; Aaron Randolph – 1976

Announcements: Ron Sunderman announced a new member application

Happy Bucks: Dave Graeff and Doug Dix exchanged barbs regarding the Pods and the Cards; Dan Breitbach – happy about the good a capella singing today; Don Grimm was happy to visit the historic Lockheed plant in Fort Worth and the Truman Library in Independence MO on a recent trip; Joe Nolte was happy to be fined repeatedly about his new position at the African American Historical Museum and Cultural Center; Sr. Charmaine was happy about her new Chevy (but offered no rides!); Chuck Wehage told a lame joke not worth repeating here (or anywhere else).

Program Overview: Susan Kuecker of the African American Historical Museum gave us an update on news – one important one being the addition of an Iowa Communications Network terminal. This allows programs to be broadcast to schools statewide so that transportation costs will be reduced while spreading the message farther and wider. One story to be told is the importance of the southern tier of Iowa counties to the Underground Railroad, especially in Lee county and the city of Keokuk. Homes with secret rooms have been discovered in Keokuk; their owners are referred to as "conductors" on the Underground Railroad.

Scribe: Chuck Wehage

Next Scribe: John Anderson

[Back to Home page](#)

***Founded in
1915***



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

October 12, 2005

"Now More Than Ever"

Guests: Scott Ireland - KCRG Account Rep (Kevin McCarville) Marcie Cole President Circle K, Mt. Mercy (Lana Drewelow). Scott is interested in joining our club.

Birthdays: Janet Blackledge 10-13. Janet donated a dollar for each year to our foundation. Wow, the foundation has a lot more money to work with now.

Anniversaries: None

Announcements: Sister Charmaine is selling 2006 Calendars for the "Wings of Hope"

Proceeds go to the Haiti Children's orphanage. Ten dollars per copy. Make Sister happy.

Happy Bucks: Paul Anderson kids competed in the Twin City Marathon and finished.

Joe Schmall gave for the Ed-U-Care add.

Fran - Grandson lost shoe?????

Rick Chandler - Kids also competed in the Twin City affair.

Duane Kurrelmeyer - Hawks and White Sox won and the damn Yankees lost.

Dr. Doolittle - Mo won

John Schweitzer - Happy about Fran's tunes, especially Stardust.

Doug Dix was joyful about the turn out at his open house but I'm not sure he put in a buck.

Next week's program: Chuck Swore will tell us about the Electrician Apprenticeship Council. No politicking allowed.

If I heard right, the following weeks topic will be about the Children's Museum down in Coralville.

Program Overview: Two reps from the Cedar Rapids Downtown District told us about a new protect that will turn the Osco Drug place into a small business incubator. Sorry, I did not get their names and their Web isn't up to date. The idea is to provide a place for business ideas to grow without the major cost of set up. Each business will be allowed two years at the location with the possibility of a third if necessary and progress is being made. A convenience store will be a base business and will be permanent.

Word for the day: *turgid* - Swollen, distended, puffed out. In reference to language: Inflated, pompous, bombastic.

Scribe John Anderson. On deck for next week also so if you don't like this issue, please be my guest.

[Back to Home page](#)

*Founded in
1915*



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

October 19, 2005

"Now More Than Ever"

Dougies saying for the week: "My mother said to me 'If you become a soldier you'll be a general; if you become a monk, you'll end up as the pope.' Instead I became a painter and wound up as Picasso." Pablo

Guests: Robert Macavoy, Sara Bhakta, Director of Marketing, American Red Cross
Guest of Sara Case.

Birthdays: None

Anniversaries: None

Announcements: Sister Charmaine is still selling 2006 Calendars for the "Wings of Hope" Proceeds go to the Haiti Children's Orphanage. Ten dollars per copy. Make Sister happier.

The Xavier Key Club will have its officer induction on Oct. 25 at 7:00 P.M. at the school. Yawl come ya hear? Good interclub opp.

Happy Bucks: Don Grimm – provided a typical lawyer cartoon, Dr. David for the MO win over IA ST., Duane Kurrelmeyer for another St. Loui win, Chuck Wehage for a wedding but I didn't catch all of the details, Daniel Breibach-Boardman thought we sang well, Joe Schmall was happy with a Cards win also, Kevin McCarville was happy to see Bob Macavoy, Fran's son-in-law found the other shoe, John Waggoner felt he was in the best g#* d,^< club he could be in and Jimmie Doyme because Cottage Grove Place is having an open house and WMT will broadcast.

Next week's program: I believe the subject will be the Children's Museum down in Coralville.

Program Overview: Chuck Swore and Glenn Henry of the Cedar Rapids Electrical Apprenticeship gave an interesting talk on their electrician school. Completion requires five years of schooling including four years of work with a journeyman electrician. This is certainly necessary as the trade is listed in the top ten most dangerous occupations. Mr. Swore told us about how the old Johnson Ave. Post Office was acquired and turned into the training center.

Word for the day: frippery Definition = Finery in dress, esp. tawdry. Now what does tawdry mean?

Scribe John Anderson.

[Back to Home page](#)

*Founded in
1915*



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

October 26, 2005

"Now More Than Ever"

Presiding Officer: President Doug Dix

Doug's Quote for the Week: "Today was good. Today was fun. Tomorrow is another one." by Dr. Seuss

Attendance: 34

Invocation: Kevin McCarville

Birthdays: 10/26: Jim Wood and Linda Larson

Anniversaries: None

Announcements: The Key Club is gearing up for their annual fundraiser. Sister Charmaine will have a sign up sheet for cinnamon rolls @ \$5/dozen. Last night was officer installation for Key Club at Xavier. They have 85 new members. Joe Schmall gave the keynote and had the pleasure of inducting his daughter as treasurer. Thank you note was routed for kindergarten books we purchased. Pancake Dan announced the date of the pancake breakfast as April 22, 2006. MARK YOUR CALENDAR! Board meeting at Bradley and Riley next Tuesday.

Happy Bucks: Ron Sundermann is selling \$7 tickets for The Messiah at Coe's Sinclair Auditorium on November 5 and his son, Dr. Sundermann, accepted a position in Michigan. Joe Schmall attended the Notre Dame game on Saturday; records set. Also, Xavier boys and girls cross country teams go to state this Saturday. Don Grimm offered a cartoon in honor of Ron & Trudy Sundermann: "You'd have been proud of Loretta. Last week she turned the other fender." Sarah Case brought John Anderson's dollar recognizing mention of Dr. Manville's 60 years of volunteer service during a leadership conference John was attending. Dan Breitbach appreciated Fran's rendition of *Hello Dolly*. Chuck Wehage happy about medical coverage. Sister Charmaine pleased that a Chicago team is in the World Series. Joe Nolte celebrated 9th wedding anniversary. Charlene Boardman happy to be here!

Upcoming Programs: Jennifer Bic from ARC will be our speaker next week.

Today's Program and Speaker: Deb Dunkhase & Fran Jensen reported on the Iowa Children's Museum (ICM) in Coralville. Kids of all ages come to explore and learn. The ICM vision is to instill life-long learning. Play is important to children. Museums translate research into ways to play effectively. They have operated at a positive net cash flow for the 3rd consecutive year. ICM has a \$4M impact on the local economy annually. They host events and workshops, artists in residence for cultural diversity, themed birthday parties, community walkabouts, and the family arts adventure program. The staff loves to collaborate with other organizations. They raise over \$600,000 each year to support the museum. Sanitization and repair of exhibits are ongoing. Funds are needed to make field trips possible for schools.

Prior to the Word for the Day, Don Grimm shared a Shel Silverstein poem that he used on his children, "If you're a bird, be an early bird, and catch the worm for your breakfast plate. Yes, if you're a bird be an early bird, but if you're a worm, sleep late!"

Word for the Day: Girandole: 1) a species of firework; a revolving fountain-jet. 2) a branched support for candles or other lights 3) An ear-ring or pendant, esp. one which has a large central stone surrounded by smaller ones.

Scribe: Lonna Drewelow

[Back to Home page](#)

*Founded in
1915*



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

November 2, 2005

"Now More Than Ever"

The November 2, 2005 meeting of the Downtown Kiwanis Club of Cedar Rapids was called to order by president Doug Dix. Thirty-six members were present.

There were two guests: John Boardman, brother of Dick Boardman and Don Grimm's neighbor, Bob. The scribe regrets failing to obtain his last name.

There were no birthdays or anniversaries.

Announcements:

1. Dick Boardman had two tickets to the St George Orthodox Church's dinner and bake sale that he offered for a \$10 donation to Happy Buck\$.
2. Our Board donated \$250 to the National Kiwanis Katrina relief effort, along with today's Happy Buck\$.
3. A meeting receiving the state Lt. Governor will be in the Amanas on Nov. 10. Cost of dinner is \$18. Drinks are at 6:30, dinner is at 7:00 pm. Call John Anderson or Doug Dix if you want to sign up.
4. John Locher reported on the reading program at Taylor elementary school and signed up several more volunteers to read to the kids.
5. 48 dozen frozen sweet rolls were sold by Sister Charmaine at \$5 per dozen, proceeds going to Xavier Key Club
6. The Board regretfully accepted the resignation of Linda Larson.

Happy Buck\$ donated by:

Ron Sundermann, John Anderson, Joe Schmall, Dave Graffe, Dan Brietbach, Bob Lee, John Schwitzer, Dick Boardman, Mel Rhodes, Jim Doyne, Sister C., Doug Dix, John Locher, Charlene Boardman and Joe Nolte.

The program was presented by Jennifer Vic and Mike Meyers, representing the ARC. They were introduced by John Locher.

Jennifer told us about the origin of the ARC and about some of its current activities. The ARC was founded in 1953 by parents of kids with disabilities. It was originally known as the Association of Retarded Citizens. It now serves 500 individuals and families by

offering respite care, enabling families to get some relief from the stress of caring for a disabled child. The ARC advocates community placement of disabled persons, enabling them to function within the community and avoid institutionalized care. It helps its client acquire the living skills that let them be more independent. The ARC sponsors 2 softball teams that mix enabled and disabled persons on the same team. It has been very successful and a third team will be started next summer. The ARC sponsors a mentoring program to help overcome the tendency of disabled persons to become isolated from the community. Presently, this program is being staffed by many college students, and the ARC would like to encourage older adults to volunteer as mentors, too.

Mike Meyers told us how the ARC helped his family cope with their son's brain disorder, drawing special attention to the ARC's respite service and its summer programs conducted at Kennedy high school

The next program will feature our member, Jim Platt, discussing recent changes in Medicare, particularly Part D.

The scribe lost the slip of paper upon which Don Grimm had written the "Word for the Day." The Scribe recalls that someone did correctly define the "Word for the Day."

[Back to Home page](#)

*Founded in
1915*



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

November 9, 2005

"Now More Than Ever"

Meeting called to order by President Dix. 27 members present.

Guests: Charles Banks (Jim Doyne), Martha Sobel (John Schweitzer), and Tammy Peyton (Ron Sundermann)

Birthday: None

Anniversaries: Jerry Banes (1968)

Announcements: The district governor's meeting will be in Little Amana 11/9 at 6:00. Information on ticket sales for the Holiday Pops concert will be given next meeting. Cinnamon rolls will be delivered next week.

Happy Bucks donated by: Ray V., John A., John S., Kelly M., Jim P., Ron S. (who was happy about Slappy the Singing Sidekick), John W. (who was happy Chicago won the World Series), Sr. Charmaine, Mel R., Don G., and Dan B. (who was at a loss at Ron's jokes).

Speaker was our very own Jim Platt, who discussed the complexities of Medicare part D and the 44 companies nationwide that are offering coverage. Jim demonstrated that the rules, regulations, and documentation are very confusing, and recommended that most people obtain advice from someone who has had the time to understand this huge new program before choosing a plan.

Word for the day: "Paradiddle"

Submitted by Keith Sutherland

[Back to Home page](#)

*Founded in
1915*



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

November 16, 2005

"Now More Than Ever"

Meeting called to order by President Dix. 35 members present.

Guest: Chuck Murphy, former member. Good to see Chuck.

Birthday: Rick Chandler

Announcements: Doug D., Chuck W., Sister C and John A attended the district governor's meeting in the Amanas. The Gov. presented the attendees with a one-line "defining statement" of the Kiwanis mission, a statement that members can use to quickly tell others what Kiwanis stands for.

THE SCRIBE WILL DONATE 5 HAPPY BUCKS AT THE NEXT MEETING IF FIVE MEMBERS CAN RECITE IT FROM MEMORY. GUARANTEED!!

John Schwitzer arranged for the Dec. 14th meeting to be held at the Witwer center, as is our tradition. And, as is our tradition, the Xavier chorus will provide entertainment.

Volunteers are solicited for the annual Target gift wrap for kids, to be held Dec. 3. Sign up at next meeting.

Happy Bucks donated by: Doug D., Chuck W., Ray V., Kelly donating for Dan, Kelly M., Joe S, Jim D., Keith S., John A.

POPS TICKETS: Seating charts were distributed to assist members in selling Holiday Pops tickets. We get half of the proceeds. Call Kelly when a ticket is sold and she will send out the ticket. We have 125 to sell, so we can make some good, easy money on this.

Speaker was Jason Wright from the CR Symphony Orchestra. Jason came here from Amarillo, TX 2 years ago and is happy to see snow. He brought us up to date on the CRSO's search for a new musical director. There were 174 applications for the job from all over the world. This field was narrowed to 66, then to 9, then finally to five. Candidates are evaluated by a committee of 5 CRSO board members, 4 musicians and 3 persons from the community. The goal is to select Chris Tiemeyer's successor by 3-19-06. In the meantime, the search effort has sparked community interest; ticket sales for orchestra

programs are up over last year.

Word for the day: "Stentorian" ... "Of the voice; very loud and far reaching; hence, of uttered sounds, song, laughter and the like." Two members were close enough for government work but not close enough for Der Vordmeister, Herr Grimm.

Submitted by Scribe Sundermann who wonders if his fiver is in trouble next week.

[Back to Home page](#)

*Founded in
1915*



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

November 23, 2005

"Now More Than Ever"

The November 23, 2005, meeting of the Downtown Kiwanis Club of Cedar Rapids was called to order by President Doug Dix. The impending holiday impaired attendance; only 18 members were present.

The President's Saying for the Week: from JFK: "Things do not happen; things are made to happen."

ANNIVERSARIES: NONE

BIRTHDAYS: Sister Charmaine, Nov. 25.

ANNOUNCEMENTS:

1. Elmcrest will be closed on ONLY the FIRST Wednesday of January. The location of that meeting will be announced later.
2. Elmcrest has asked for a dollar increase in the price of meals. All things considered, that appears reasonable.
3. The Dec. 14 meeting will be at the Witwer Senior Center and, as is our custom, the Xavier chorus will provide entertainment.
4. Dr. Graeff distributed the signup list for the Sandy Bachelor annual bell ringing. This year, we will be at Sams. Date: Saturday, Dec. 10 from 10 am till 8 pm with a 2 hour gap.

NEW MEMBER INSTALLATION: Bob Cenek was welcomed into the club as our newest member. Bob was born and raised in Hampton, worked in the field of Human Relations for many years, moved to Iowa three years ago to open his own HR consulting business, Cenek & Associates. Bob and his wife have two sons.

PROGRAM:

Leanne Loehr and Deb Frese, representing Families Helping Families presented a brief history of this new service organization with special emphasis on the critical need that exists in our community for assistance to children in dysfunctional families. FHF helps children ranging in age from infancy to teen years in homes where they can be safe and have their basic needs met. They define themselves as "a non-profit group designed to help foster families with immediate clothing needs upon placement as well as to help them in serving unexpected needs of children placed in their care."

FHF worked with our club this past year raising and distributing funds for shoes for foster children. In addition, FHF has raised money to buy other clothes and school supplies for kids in the foster care system. Leanne and Deb acknowledged the crucial roles played by several local groups, notably Trinity United Methodist Church, City Looks (getting hair cuts for kids), Sears and WalMart for providing clothes and backpacks,

There is a huge but largely unseen problem in this community involving children who live in inadequate homes. The social services system is overwhelmed. The ideal case load for a social worker is 35 children in need, but the typical social worker here has from 80 to 100 cases at a time. FAF tries to step in with donated items, money, and people willing to take in children.

Walking the walk, as well as talking the talk, Leanne, with 3 children of her own, has adopted 4 more out of the "system" and has 4 additional foster children in her home.

Anyone interested in helping this most worth cause can call Leanne at 294-9706. Donations of clothing and money will be put to good use. Every penny and every item given will find its way to a child in need.

[Back to Home page](#)

*Founded in
1915*



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

November 30, 2005

"Now More Than Ever"

33 Members in attendance

Guests: Tami Peyton (D. Dix) Moved to CR from Iowa Falls, Kiwanis member Jill Gleason (S. Case)

Birthdays: Ken DeKoch – Dec. 1; Kevin Carlson – Dec. 4; Robert Cenek – Dec. 5

Anniversaries: Paul Anderson (92); Mel Rhodes (02)

Sage Saying for the Week: "Everybody can be great, because anybody can serve" (M. L. King, Jr.)

Announcements: Sister Charmaine and John Schweitzer: Reminder of the effort to wrap Christmas presents at Target North, 9:30 Saturday, December 3, under the auspices of Homeless Children's Trust. Dave Graeff has nearly a full roster for Bell Ringing at Sam's Club on Blairs Ferry on December 10. A few evening slots are available for that.

Happy Bucks: Joe Schmall celebrated the Notre Dame victory over Stanford, and the nice piece on TV featuring our own Paul Anderson; Don Grimm figured out his mom's Medicare supplement and Part D coverage; Ray Vaughn seconded the kudos for Paul Anderson, and plugged Jim Doyne's show; Fran Brown keeps pitching in a buck every week that her cold remains uncured; Doug Dix is happy because Denver will beat Kansas City this weekend; Ron Sundermann was so happy that son Ryan will probably be returning to CR after completion of his residency to practice emergency medicine that he didn't even tell one of his lame jokes (for which Richard Boardman was grateful, \$1 worth); Joe Nolte reports that his bowling team is having a ball (no fine levied!); Dave Graeff raved about the Chiefs, and begs to differ with Doug Dix about the Denver game; Dr. Manville was happy, but forgot why.

Program: Jim Doyne, pinch-hitting for John Locher, set up a visit by Randy Lee and Shannon Knoepke of WMT. Randy is News Director and Program Director, and Shannon is Director of Sales. They explained that WMT is operated locally, despite ownership by Clear Channel, Inc. Their audience is a mix between city and rural listeners – the ag-

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related revenue rises to about 40% of sales in the 4 and 1 quarters, when farm decisions get made, and return to about 25% during the remainder of the year. WMT has a generally conservative bent with programs such as Rush Limbaugh. Our guests reported that there are no commercially equivalent programs with a liberal slant, and that they would subscribe if available. Programming is a financial process. WMT will keep their farm programming. They serve listeners who can no longer find ag coverage on Minneapolis' WCCO or Chicago's WGN.

Words for the Day: Dilatory. Tending to cause delay; made for the purpose of gaining time or deferring decision or action. (This word from last week)

Cadge. To go about as a cadger or peddler, or on pretense of being one; to go about begging.

Submitted by Chuck Wehage

[Back to Home page](#)

*Founded in
1915*



"We Build"

[Home Page](#)

[About Us](#)

[Committees](#)

[Officers](#)

[Current
Newsletter](#)

[Archived
Newsletters](#)

[Calendar](#)

NEWSLETTER

Cedar Rapids Downtown Kiwanis Club

December 28, 2005

"Now More Than Ever"

20 Members in attendance

Guests: Roy Grimm (Don's son from Fort Worth)

Birthdays: Anniversaries: To be reported later – S. Charmaine was not present

Sage Saying for the Week: "A constructive life is built of the things we do, not of the things we don't do" by Robert Cavett, founder of National Speakers Association and involved with Toastmasters.

Announcements: Doug Dix is holding the January board meeting at Godfather's in the Town and Country Shopping Center at noon on the Third.

The next luncheon meeting on January 4 will be held at the African American Museum on the east end of the 12th Ave. bridge. Call Doug Dix for "roundtable" services.

Happy Bucks: Dave Graeff, having avoided a fine by burying his slam of the Chiefs in his Invocation, threw in a buck because Spring Training starts in just two weeks; John Waggoner was just happy to be a CR Kiwanian, and wants us to keep the shoes going out; Duane (and Mrs.) Kurrelmeyer happily celebrated wedding anniversary number 58 on December 26; Jim Manville is happily back from Cincinnati; Don Grimm is happy for the gloomy weather because it intensifies our appreciation of good weather (if and when we get any); Joe Nolte related the joy of Christmastime with his son; Doug Dix was agog over the success of the Broncos in the playoffs.

Program: Sarah Case introduced Michelle Beisker, Development Director of Waypoint. Ms. Beisker was formerly with PMX in International Sales, and has put her experience to good use at Waypoint. Waypoint operates the Madge Phillips Center for the Homeless, a Domestic Violence program, a Sexual Assault Intervention Program and Child Care Services. The Madge Phillips Center serves homeless, mostly women and their children, who need long term residences, and also those needing daytime resources. The long term facility served 95 women and 114 children last year, that stayed an average of 45 days. They also helped with daytime services for 661 women and 879 children in that same period.

The Madge Phillips Center has been selected by the Johnson family to be the recipient of the support of Birdies That Care. Every time that Cedar Rapids' own Zach Johnson makes a birdie in a tournament, he (and those that join this effort) donate to a charity. Last year's recipient, the Community Free Clinic received about \$90,000. Ms. Beisker and Dr. Manville reminded us that we are free to chip in on this – a pledge of a dollar for each Zach birdie might mean \$250 for Waypoint.

Words for the Day: Hyperphagia. An abnormally great desire for food; excessive eating; hence hyperphagic

Submitted by Chuck Wehage

[Back to Home page](#)